

MY PRAYERS FOR



LOSS OF A
LOVED ONE

My 5 Days of Prayer for



LOSS

*"Blessed are they that mourn: for they shall be comforted."
Matthew 5:4, KJV*

Lord, I pray to You on behalf of _____. It is so hard to lose a loved one. The closer you are to someone, the more difficult the loss may feel. My prayer is for comfort, peace of mind, longsuffering, and so much more. Only You can provide the strength for _____ to carry on with this journey during these times. Even though _____ may want to cry, or even give up, I know this is not of You. Help _____ to understand this turmoil, which has them twisting and turning. When throwing their hands up and throwing in the towel is not an option, help _____ to realize that these feelings, in time, shall pass. What else can one ask of Thee, oh Lord. To bow down to You on bended knees, knowing that our prayers will reach Your ears. Help _____ to conquer these feelings of pain, anguish, and exhaustion. Only in You, Christ, can one persevere and move on in life. Yes, Lord, we must continue to live daily. Seeing our loved one on the other side will only occur if we personally continue to keep the faith. Times are difficult, but keeping the faith is necessary. Oh Lord, surely You understand and see _____'s plight. When this journey becomes too hard, hold onto them. Keep their family lifted up in Your warmth. Wrap Your arms around them and keep them tightly pressed against Your bosom. For in You, I know my prayers will be heard and answered. Thank You, Lord. Amen.



LOSS

"For I reckon that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us."

Romans 8:18, KJV

My prayer, Lord, is that ___ makes it through the night. They say joy comes in the morning. Well, Lord, You know that ___ needs Your strength to even make it until morning. A teardrop carries within it so many emotions. We cry. We scream. We pray. We walk around in circles, all to just try and understand why. Please tell ___ why! They realize that Your will must be done. Therefore, ___ has to press their way, wipe away their sniffles, and try to endure until the next day. May the glory of the Lord be manifested in their actions. May ___ show endurance in their actions. May ___ show patience in their actions. May ___ show stability in their actions. That others may see Your glory and know that You are God, may they continue to show faith in their actions. Help ___ continue to walk in faith, knowing that this too shall pass. They feel the loss, but it cannot overcome them. Keeping their hands in Your hands, their strength will grow and the impossible situation can become bearable and possible. Whereas it may not be revealed to ___ as to why this loss occurred, they must realize that You, God, needed another angel in heaven. ___'s loved one is in the presence of holiness and able to share their love with other loved ones who have gone on before. I know ___ misses them dearly, but their loss is only temporarily. They will be together again one day. Until then, I pray that ___'s heart will not be so heavy, but lifted up and brighten by the homecoming and reunion yet to come. Amen.



KEEPER OF OUR SOULS

*"The Lord is thy **keeper**: the Lord is thy shade upon thy right hand."
Psalm 121:5, KJV*

Lord, I know You are the keeper of our soul. When distress and turmoil abound, You can turn it around in our lives. As ___ battles through depression, You are their light at the end of the tunnel. Help ___ to overcome this grief. As natural as it may be, it still hurts. The pain one feels lingers for a time. In You, peace can be found and rest can be given. Comfort ___ and hold them in the warmth of Your arms. Your gentle ways are but a mild touch of what is needed. As one struggles to survive this ordeal, in Christ we realize all things happen for a reason. Whereas ___ may not understand why, surely the very thought of their loved one passing on is easier knowing they are in much better care in Your arms. For, rest can be found in Your arms; peace can be found in Your arms; grace and mercy is surely found in Your arms; relief and so many more feelings are found in Your arms. Our arms are not strong enough to bare this grief alone, but as you lift ___ up, the grief is conquered; the pain will be conquered; the selfishness of the anguish will be conquered while remembering that the battle is not ours, but the Lord's. For Your grace is sufficient for us and Your mercy is everlasting. So, whatever the loss, You are still our rock in a weary land and You will never leave Your child to suffer though the grief alone. You are the keeper of our souls as well, and You know our every thought and need. You will hear ___ and answer their prayers. Amen.



COMFORT FOR LOSS

"I will not leave you comfortless: I will come to you."

John 14:18, KJV

My Rock and my Salvation, in You shall I find comfort. ___ is in need of a shoulder to lean on. I pray that ___ knows they can lean on You. You are not so far away that You are unreachable. When we come to You, You are always there for us. The loss of a loved can be so overwhelming. We miss our friend. We miss our family member. We miss our church member. We miss our co-worker. It is all so real! It cuts so deep and hurts so bad. The strong urge to give up and give in is so tempting. The emotions are so tumultuous. Yet, in Christ, we can overcome these failings. We can overcome this depression.

We can overcome this grief. Not that these feelings are not real or even warranted; they are true. ___ has the right to their emotions, to want to blow up, to want to toss in the towel, to throw their hands up in defeat. But, we must realize that the enemy wants to destroy us, to beat us down, to make us feel worthless. However, just as our loved one has moved to a better home, it is still our journey to make. We cannot give in. We cannot give up. We must continue onward. Only in You, Lord, may ___ receive the strength required to face another day. Until that time comes, when they can be together again with their loved one, may ___ try hard to find peace and comfort in Your presence.

May they lean on Your shoulders and find rest in Your arms. Amen.



JOY ON THE OTHER SIDE

"To every thing there is a season, and a time to every purpose under the heaven."

Ecclesiastes 3:1, KJV

Lord, to everything there is a season. Life has its season; death has its season. Yet, we never want to feel the loss of a loved one, nor go through this season of grief, anguish, pain, suffering, disconnection, emptiness, and so on. Too many emotions. Too much to bear. Oh my God, where are thou during our time of weakness? ___ needs Thee, to hold them up, to lift their spirit, and to intercede on their behalf. Their loved one has gone on and left them behind, feeling alone and in despair. Even with family and friends surrounding ___, their heart may feel as if it has been ripped to shreds. Hear my prayers for ___; hear one's cries; hear the tremble in one's voice. As the sun is to the day and the moon is to the night, we know the power of life and death lies in Your hand. Help ___ to bear the loss, but resting in the knowledge that their loved one is in a better place.

No more suffering, no more pain, no more loneliness, no more illness, but in Christ, they are being loved on, cared for, able to walk around freely, rejoicing and jumping for joy in the gardens of beauty, surrounded by the pearly gates.

They are enjoying a new life in a new body with pleasantry all around. Oh, to one day be able to rejoice with them! As ___ struggles through their loss, for it is real, give them the peace and comfort they need to endure until this season passes. There will be joy on the other side! Amen.

Give Pray Grow

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