

MY PRAYERS FOR



# My 5 Days of Prayer for

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## MOURN

*"Then he broke through and transformed all my wailing into a whirling dance of ecstatic praise! He has torn the veil and lifted from me the sad heaviness of **mourning**. He wrapped me in the glory garments of gladness."*

*Psalms 30:11*

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Dear Father, please draw \_\_\_ close to You at this time. They are struggling so hard with this loss and do not see any light in this situation. You are the God of all comfort. Please comfort them through Your Word and through Your Holy Spirit. Please bring beside \_\_\_ good friends who will hold them up and be by their side as they walk through this dark night of the soul. Lord, please let them feel You near them. Let them know that they are loved deeply by You and give them the comfort and assurance that You will never leave them. In Your name I pray, Amen.



## GRIEF

*"We've been overwhelmed with **grief**; come now and overwhelm us with gladness. Replace our years of trouble with decades of delight."  
Psalm 90:15*

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Dear Lord, \_\_\_ is hurting so deeply right now. The grief that they feel is crushing them and threatening to destroy their life. Please give them hope to face this struggle knowing that they are not alone. Remind them that You are with them and that You will never leave them. Please surround them, Lord, with friends who will love them through this dark night of the soul. Help them to open up to those who love them and will walk with them through this difficult time. Lord, please shine Your light on them and let them know how much You love them. And as only You can, please hold them close to You in their time of grief. Amen.



## SORROW

*"For in this unbelieving world you will experience trouble and **sorrows**, but you must be courageous, for I have conquered the world!"*  
*John 16:33*

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Heavenly Father, I know that You see all things, and that when we hurt, You are very aware. Your Word tells us that You keep our tears in a bottle. Please help \_\_\_ at this time. They are hurting so bad and are filled with sorrow. Please minister to them through Your Holy Spirit and let them know that You love them and that You'll never leave them. During this dark night of the soul, please draw them close to You and assure them that You are in control. Father, please bring to them caring friends who will go through this pain with them. Give words of comfort to these friends that will help heal \_\_\_'s hurting heart. In the name of Jesus the Christ I pray, Amen.



## WHY

*“So **why** would I fear the future? For your goodness and love pursue me all the days of my life. Then afterward, when my life is through, I'll return to your glorious presence to be forever with you!”*

*Psalm 23:6*

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Jesus, today I lift up the question of “why” within the life of \_\_\_\_\_. There are many things in the life of \_\_\_\_\_ they can never explain away—the “why,” the hurt, and the emptiness. You, Jesus, are the answer to every “why.” While we may not be able to comprehend the “why,” You, Father, give us peace amid that uncertainty. We may never know the reasons behind suffering, trials, or hardships, but we do know that You, Father, know and can heal us from any pain. Through Your Spirit, we can nail the “why” to the cross and live a life not in the “why,” but in the “how much.” How much can God bless me? How much joy, hope, and grace can I experience through You, Jesus? So today, Father, I ask You to nail \_\_\_\_\_’s “why” to the cross and fill them with a sense of certainty, trust, and hope in the facts that You know them, You love them, and You want what’s ultimately best for them. Thank You for Your never-ending love, Father. Amen.



## VOID

*"Their hearts are dull and **void** of feelings, but I find my true treasure in your truth."  
Psalm 119:70*

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Jesus, You alone are the Healer and Giver of hope. Where we have voids in our lives, Jesus, You fill them. Jesus, I ask that You would step in and fill the voids that may exist in \_\_\_\_. Lord, I ask that when they may wander from You, searching for other sources of satisfaction and other things to fill those voids, that You would direct them back to You, the only source of true hope, joy, and purpose. I know You have great days ahead for \_\_\_\_. I can feel it, Father, and I can see it. Would You encourage them, Jesus, in the hope that's only found in You? Fill the void in \_\_\_\_'s heart and direct every step of their journey. Amen.

# Give Pray Grow

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