



Survival Kit

Use our list to create a personal kit for a widow/widower you know

☐ Paper Products

Nobody wants to do dishes!

☐ Plastic Containers/Tupperware

To give food away to people as they come and visit.

☐ Gum/Mints

For all the talking.

☐ Chap Stick/Lip Balm

The Vanilla EOS is a fav!

☐ Tissues/Toilet Paper

Always needed.

☐ Guest Book

To help record gifts and favors.

☐ Note Cards/Post It Notes

To keep up with tasks.

☐ Water Bottles

You can never have enough water.

☐ Sea Salt Caramel Dark Chocolate

Any favorite chocolate or candy is a win.

☐ Socks/Blankets

Something cozy and comfy.

☐ Flowers

For cheer and to bright up the room.

☐ Comfort

Just someone's presence and care is more than enough.

Other Items: _____
